Personality Inventory for DSM-5 and ICD-11 – Brief Form Plus - Modified
PID5BF+ M (36 items)

Name/ID:_____   Age:_____   Gender: ☐ Male ☐ Female ☐ Other   Date_____

0 = Very False or Often False	1 = Sometimes or Somewhat False	2 = Sometimes or Somewhat True	3 = Very True or Often True

Instruktion: This is a list of things different people might say about themselves. We are interested in how you would describe yourself. There are no "right" or "wrong" answers. So you can describe yourself as honestly as possible, we will keep your responses confidential. We'd like you to take your time and read each statement carefully, selecting the response that best describes you.

|				
1. I have much stronger emotional reactions than almost everyone else.	0	1	2	3
2. I'm good at conning people.	0	1	2	3
3. I'm often pretty careless with my own and others' things.	0	1	2	3
4. I keep my distance from people.	0	1	2	3
5. I often see unusual connections between things that most people miss.	0	1	2	3
6. Even though it drives other people crazy, I insist on absolute perfection in everything I do.	0	1	2	3
7. I'm always worrying about something.	0	1	2	3
8. Sometimes you need to exaggerate to get ahead.	0	1	2	3
9. I feel like I act totally on impulse.	0	1	2	3
10. Nothing seems to interest me very much.	0	1	2	3
11. People have told me that I think about things in a really strange way.	0	1	2	3
12. It is important to me that things are done in a certain way.	0	1	2	3
13. I worry a lot about being alone.	0	1	2	3
14. I deserve special treatment.	0	1	2	3
15. I lose track of conversations because other things catch my attention.	0	1	2	3
16. I prefer to keep romance out of my life.	0	1	2	3
17. It's weird, but sometimes ordinary objects seem to be a different shape than usual.	0	1	2	3
18. I keep trying to make things perfect, even when I've gotten them as good as they're likely to get.	0	1	2	3
19. I get emotional easily, often for very little reason.	0	1	2	3
20. It is easy for me to take advantage of others.	0	1	2	3
21. I often forget to pay my bills.	0	1	2	3
22. I don't like spending time with others.	0	1	2	3
23. I've had some really weird experiences that are very difficult to explain.	0	1	2	3
24. I have a strict way of doing things.	0	1	2	3
25. I worry about almost everything.	0	1	2	3
26. I'll stretch the truth if it's to my advantage.	0	1	2	3
27. Even though I know better, I can't stop making rash decisions.	0	1	2	3
28. I rarely get enthusiastic about anything.	0	1	2	3
29. I have several habits that others find eccentric or strange.	0	1	2	3
30. I've been told that I spend too much time making sure things are exactly in place.	0	1	2	3
31. I can't stand being left alone, even for a few hours.	0	1	2	3
32. I often have to deal with people who are less important than me.	0	1	2	3
33. I am easily distracted.	0	1	2	3
34. I break off relationships if they start to get close.	0	1	2	3
35. Sometimes when I look at a familiar object, it's somehow like I'm seeing it for the first time.	0	1	2	3
36. People complain about my need to have everything all arranged.	0	1	2	3

References

Kerber, A., Schultze, M., Müller, S., Rühling, R. M., Wright, A. G. C., Spitzer, C., Krueger, R. F., Knaevelsrud, C., & Zimmermann, J. (2020). Development of a Short and ICD-11 Compatible Measure for DSM-5 Maladaptive Personality Traits Using Ant Colony Optimization Algorithms. *Assessment*. https://doi.org/10.1177/1073191120971848

Bach, B., Kerber, A., Aluja, A., Bastiaens, T., Keeley, J. W., Claes, L., Fossati, A., Gutierrez, F., Oliveira, S. E. S., Pires, R., Riegel, K. D., Rolland, J.-P., Roskam, I., Sellbom, M., Somma, A., Spanemberg, L., Strus, W., Thimm, J. C., Wright, A. G. C., & Zimmermann, J. (2020). International Assessment of DSM-5 and ICD-11 Personality Disorder Traits: Toward a Common Nosology in DSM-5.1. *Psychopathology*, *53*(3–4), 179–188. https://doi.org/10.1159/000507589

Personality Inventory for DSM-5 and ICD-11 – Brief Form Plus - Modified
PID5BF+ M (36 items)

The PID5BF+ M is short form of the Personality Inventory for DSM-5 (PID-5), augmented with a scoring algorithm to assess the ICD-11 personality trait domain Anankastia. The PID-5 is the official rating scale of the American Psychiatric Association for the assessment of maladaptive personality traits according to criterion B of the alternative model for personality disorders in section III of the DSM-5. Criterion B is an empirically derived and hierarchical model of problematic personality expressions, which is compatible with 4 of the 5 maladaptive trait domains in the ICD-11. The PID5BF+ M is therefore suitable to assess maladaptive personality traits both according to DSM-5 and ICD-11.
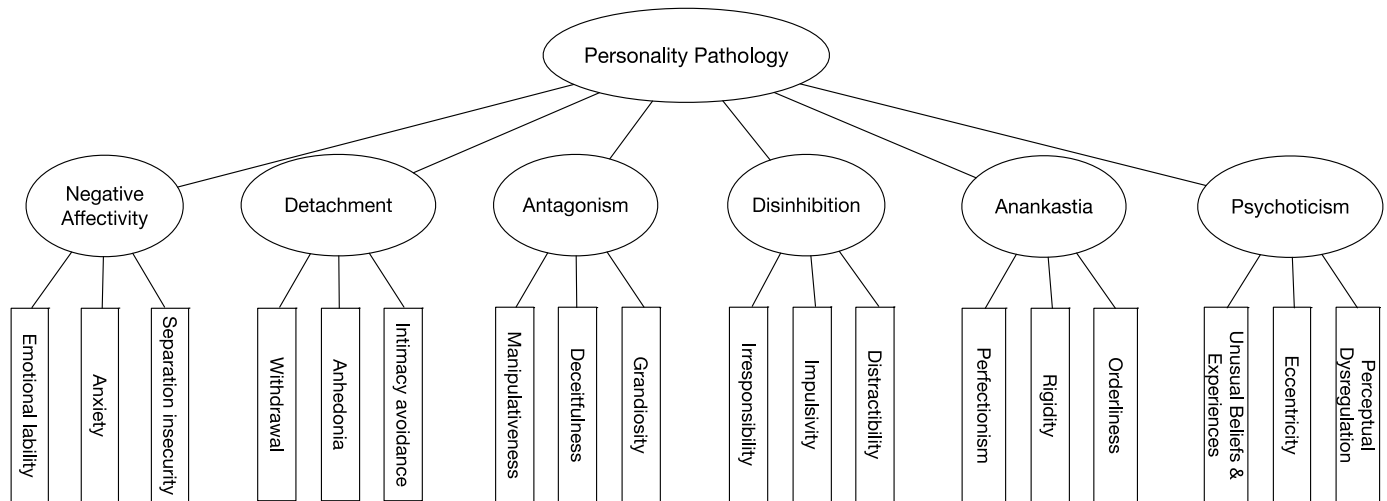
The assessment model comprises 18 trait facets, each consisting of 2 items. Specific trait facets can be combined to yield indices of the six broader trait domains according to the scheme above using the PID-5 items stated in the table below. The scores on the items within each trait facet should be summed, no item needs to be reverse scored. The average domain scores are calculated by averaging the 3 facet scores contributing to a specific domain. Higher average scores indicate greater dysfunction in a specific personality trait facet or domain.

	Personality Trait Facet	PID5BF+ M item number	PID-5 item number	Trait Facet Score	Trait Domain Score	Trait Domain
PID5BF+ M SCORING ALGORITHM	Emotional Lability	1, 19	62, 122			Negative Affectivity
	Anxiousness	7, 25	109, 110			
	Separation Insecurity	13, 31	50, 64			
	Withdrawal	4, 22	82, 136			Detachment
	Anhedonia	10, 28	23, 189			
	Intimacy Avoidance	16, 34	89, 108			
	Manipulativeness	2, 20	162, 219			Antagonism
	Deceitfulness	8, 26	126, 218			
	Grandiosity	14, 32	187, 197			
	Irresponsibility	3, 21	129, 160			Disinhibition
	Impulsivity	9, 27	4, 17			
	Distractibility	15, 33	6, 132			
	Perfectionism	6, 18	123, 176			Anankastia
	Rigidity	12, 24	140, 220			
	Orderliness	30, 36	34, 115			
	Unusual Beliefs & Experiences	5, 23	194, 209			Psychoticism
	Eccentricity	11, 29	25, 185			
	Perceptual Dysregulation	17, 35	44, 77			

The PID5BF+ was developed using ant colony optimization algorithms, validity of the model and of the assessment could be confirmed in large German and English speaking samples[1]. The PID5BF+ M differs only in the definition of the Anankastia domain, and the validity of this modified version could be ascertained in samples of 15 different countries[2].

[1] Kerber, A., Schultze, M., Müller, S., Rühling, R. M., Wright, A. G. C., Spitzer, C., Krueger, R. F., Knaevelsrud, C., & Zimmermann, J. (2020). Development of a Short and ICD-11 Compatible Measure for DSM-5 Maladaptive Personality Traits Using Ant Colony Optimization Algorithms. *Assessment*. https://doi.org/10.1177/1073191120971848

[2] Bach, B., Kerber, A., Aluja, A., Bastiaens, T., Keeley, J. W., Claes, L., Fossati, A., Gutierrez, F., Oliveira, S. E. S., Pires, R., Riegel, K. D., Rolland, J.-P., Roskam, I., Sellbom, M., Somma, A., Spanemberg, L., Strus, W., Thimm, J. C., Wright, A. G. C., & Zimmermann, J. (2020). International Assessment of DSM-5 and ICD-11 Personality Disorder Traits: Toward a Common Nosology in DSM-5.1. *Psychopathology*, *53*(3–4), 179–188. https://doi.org/10.1159/000507589