

# Personality Inventory for DSM-5 and ICD-11 – Brief Form Plus - Modified PID5BF+ M (30 items) – ICD-11 Domains Only

Name/ID: \_\_\_\_\_ Age: \_\_\_\_\_ Gender: ☐ Male ☐ Female ☐ Other Date: \_\_\_\_\_

0 = Very False or Often False	1 = Sometimes or Somewhat False	2 = Sometimes or Somewhat True	3 = Very True or Often True
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**Instruktion:** This is a list of things different people might say about themselves. We are interested in how you would describe yourself. There are no “right” or “wrong” answers. So you can describe yourself as honestly as possible, we will keep your responses confidential. We’d like you to take your time and read each statement carefully, selecting the response that best describes you.

1. I have much stronger emotional reactions than almost everyone else.	0	1	2	3
2. I’m good at conning people.	0	1	2	3
3. I’m often pretty careless with my own and others’ things.	0	1	2	3
4. I keep my distance from people.	0	1	2	3
5. Even though it drives other people crazy, I insist on absolute perfection in everything I do.	0	1	2	3
6. I’m always worrying about something.	0	1	2	3
7. Sometimes you need to exaggerate to get ahead.	0	1	2	3
8. I feel like I act totally on impulse.	0	1	2	3
9. Nothing seems to interest me very much.	0	1	2	3
10. It is important to me that things are done in a certain way.	0	1	2	3
11. I worry a lot about being alone.	0	1	2	3
12. I deserve special treatment.	0	1	2	3
13. I lose track of conversations because other things catch my attention.	0	1	2	3
14. I prefer to keep romance out of my life.	0	1	2	3
15. I keep trying to make things perfect, even when I've gotten them as good as they're likely to get.	0	1	2	3
16. I get emotional easily, often for very little reason.	0	1	2	3
17. It is easy for me to take advantage of others.	0	1	2	3
18. I often forget to pay my bills.	0	1	2	3
19. I don’t like spending time with others.	0	1	2	3
20. I have a strict way of doing things.	0	1	2	3
21. I worry about almost everything.	0	1	2	3
22. I’ll stretch the truth if it’s to my advantage.	0	1	2	3
23. Even though I know better, I can’t stop making rash decisions.	0	1	2	3
24. I rarely get enthusiastic about anything.	0	1	2	3
25. I’ve been told that I spend too much time making sure things are exactly in place.	0	1	2	3
26. I can’t stand being left alone, even for a few hours.	0	1	2	3
27. I often have to deal with people who are less important than me.	0	1	2	3
28. I am easily distracted.	0	1	2	3
29. I break off relationships if they start to get close.	0	1	2	3
30. People complain about my need to have everything all arranged.	0	1	2	3

## References

Kerber, A., Schultze, M., Müller, S., Rühling, R. M., Wright, A. G. C., Spitzer, C., Krueger, R. F., Knaevelsrud, C., & Zimmermann, J. (2020). Development of a Short and ICD-11 Compatible Measure for DSM-5 Maladaptive Personality Traits Using Ant Colony Optimization Algorithms. *Assessment*. <https://doi.org/10.1177/1073191120971848>

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## Personality Inventory for DSM-5 and ICD-11 – Brief Form Plus - Modified PID5BF+ M (30 items) – ICD-11 Domains Only

The assessment model of the 30-item PID5BF+ M form comprises 15 trait facets, each consisting of 2 items. Specific trait facets can be combined to yield indices of the five broader ICD-11 trait domains according to the scheme above using the PID-5 items stated in the table below. The DSM-5 trait domain of Psychoticism is not included in this version.

The scores on the items within each trait facet should be averaged; no item needs to be reverse scored. The average domain scores are calculated by averaging the 3 facet scores contributing to a specific domain. Higher average scores indicate greater dysfunction in a specific personality trait facet or domain.

PID5BF+ M SCORING ALGORITHM (30 item version)	Personality Trait Facet	PID5BF+ M (30 item) item number	PID-5 item number	Trait Facet Score	Trait Domain Score	Trait Domain
	Emotional Lability	1, 16	62, 122			Negative Affectivity
	Anxiousness	6, 21	109, 110			
	Separation Insecurity	11, 26	50, 64			
	Withdrawal	4, 19	82, 136			Detachment
	Anhedonia	9, 24	23, 189			
	Intimacy Avoidance	14, 29	89, 108			
	Manipulativeness	2, 17	162, 219			Antagonism
	Deceitfulness	7, 22	126, 218			
	Grandiosity	12, 27	187, 197			
	Irresponsibility	3, 18	129, 160			Disinhibition
	Impulsivity	8, 23	4, 17			
	Distractibility	13, 28	6, 132			
	Perfectionism	5, 15	123, 176			Anankastia
	Rigidity	10, 20	140, 220			
	Orderliness	25, 30	34, 115			

The PID5BF+ was developed using ant colony optimization algorithms, validity of the model and of the assessment could be confirmed in large German and English speaking samples<sup>1</sup>. The PID5BF+ M differs only in the definition of the Anankastia domain, and the validity of this modified version could be ascertained in samples of 15 different countries<sup>2</sup>.

The PID5BF+ M is short form of the Personality Inventory for DSM-5 (PID-5), augmented with a scoring algorithm to assess the ICD-11 personality trait domain Anankastia. The PID-5 is the official rating scale of the American Psychiatric Association for the assessment of maladaptive personality traits according to criterion B of the alternative model for personality disorders in section III of the DSM-5. Criterion B is an empirically derived and hierarchical model of problematic personality expressions, which is compatible with 4 of the 5 maladaptive trait domains in the ICD-11. The PID5BF+ M is therefore suitable to assess maladaptive personality traits both according to DSM-5 and ICD-11 (on only one of them).

<sup>1</sup> Kerber, A., Schultze, M., Müller, S., Rühling, R. M., Wright, A. G. C., Spitzer, C., Krueger, R. F., Knaevelsrud, C., & Zimmermann, J. (2020). Development of a Short and ICD-11 Compatible Measure for DSM-5 Maladaptive Personality Traits Using Ant Colony Optimization Algorithms. *Assessment*. <https://doi.org/10.1177/1073191120971848>

<sup>2</sup> Bach, B., Kerber, A., Aluja, A., Bastiaens, T., Keeley, J. W., Claes, L., Fossati, A., Gutierrez, F., Oliveira, S. E. S., Pires, R., Riegel, K. D., Rolland, J.-P., Roskam, I., Sellbom, M., Somma, A., Spanemberg, L., Strus, W., Thimm, J. C., Wright, A. G. C., & Zimmermann, J. (2020). International Assessment of DSM-5 and ICD-11 Personality Disorder Traits: Toward a Common Nosology in DSM-5.1. *Psychopathology*, 53(3–4), 179–188. <https://doi.org/10.1159/000507589>